

Hi! It's different today: *Catch-up and Connect* gives us a chance to hear what's been going on @ nlc in lockdown!

Have you heard a church likened to a body before? It's a great word-picture to help us understand some really important things!

As you watch and listen, draw or write on this body outline.



You could write on the **heart** anything you think shows we are **caring** for each other or for other people... on the **right-side of the brain** anything which shows we are being **creative**... on the **mouth** anything which shows **teaching** has been going on... you get the idea! What could you write or draw on the **hands**? How about the **feet**??

Lots of great stuff going on, hey?!

Now -

- Pray about anything you've seen, heard or thought about as you've watched!
- Think - is there anything you could imagine yourself getting involved in....?

'... In Christ we are all one body. Each one is a part of that body, and each part belongs to all the other parts.'
Paul, writing to the Christians in Rome - 12:5

As always, we would love to hear from you - you know where to find us!

Hope to see you on zoom at some time this week!

Elaine, Martyn, Grace, and Mary X

